

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
07:00 - 07:45							
10:00 - 10:45				HIIT & ABS PT LED ARUN		NRG BOXFIT PT LED JOSHUA	
11:00 - 11:45				PILATES GX LED REBECCA			
18:15 - 19:00	HIIT PT LED ARUN	VIBE POWER GX LED OLIVIA C	TABATA PT LED KYLE	SPIN GX LED OLIVIA	NRG BOOTCAMP PT LED JAMIE		
	SPIN GX LED OLIVIA	SPIN GX LED OLIVIA	SPIN GX LED OLIVIA				
19:15 - 20:00	STEP GX LED KELLY	LBT PT LED JOE	NRG BOXFIT PT LED JOSHUA	VIBE POWER GX LED OLIVIA C	YOGA GX LED ALLY		
			SPIN GX LED FRANCO				
20:00 - 21:00	YOGA GX LED ALLY						